



# ULTRA X SAHARA

220KM - 5 DAYS

30.9°N/6.93°W

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# WELCOME

Ultra X Sahara takes place between 24-28 March, 2026 in the remote and awe-inspiring Chegaga region of the Moroccan Sahara. Nestled deep in the south of the country, this area is known for its vast sand dunes, rocky plateaus, and harsh desert terrain offering a true test of endurance and resilience.

This is a demanding 5-stage course covering 220km, designed for those seeking a serious challenge. With tough elevation profiles, extreme temperatures, and varied terrain underfoot, this race pushes participants beyond their limits.

Ultra X Sahara is an unforgettable adventure for both seasoned ultrarunners and those looking to test themselves in one of the world's most unforgiving environments.

If you are looking to combine a race with a holiday, then you have plenty of options. Competitors can choose from Atlas Mountain hikes, meandering through the streets of Marrakesh or just chilling out at Legzira Beach, near Sidi Ifni.

The first stage will commence on Tuesday 24th March and the last on Saturday 28th. After the final stage on Saturday, participants will be transferred back to the Official Race Hotel, the Karam Palace in Ouarzazate. Staying at the Karam Palace is an optional add-on. If you would like to book a single or a twin room, you can do so at checkout.

Stage distances can be seen below:

- Day 1: 54km
- Day 2: 31km
- Day 3: 47km
- Day 4: 51km
- Day 5: 37km

Ultra X Sahara is a UTMB® indexed race.

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# KEY INFORMATION

For the full race rules and regulations, see our [Terms & Conditions](#).

## Arrivals:

We advise participants to arrive at Marrakesh Airport on or before Sunday 22nd March. Ultra X will have buses departing from Marrakesh airport at 1400. The bus transfer will be a 4 hour and 30-minute journey with a stop in the middle before reaching the race hotel - The Karam Palace in Ouarzazate. Staying at the Race Hotel is optional but advised. Here you will meet fellow competitors and prepare for the challenge ahead.

On Monday morning after kit checks and the welcome briefing you will transfer south to a desert camp near M'Hamid, where the 5-stage, 220km race begins on the Tuesday.

Each night is spent in shared desert camps under the stars, where a strong sense of camaraderie, shared meals, and the spirit of adventure create an unforgettable atmosphere. After the finish, runners return to the Karam Palace for a well-earned celebration.

Add on options for hotel accommodation will be available on our registration page. If you experience any difficulties, please let [contact@ultra-x.co](mailto:contact@ultra-x.co) know.

As alternative travel options, there are occasionally direct flights to Ouarzazate. These are intermittent however and we cannot guarantee any will arrive in time for the respective race day registrations/timings. We encourage you to be proactive with flight bookings and arrive earlier if this is your preferred option.

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# THE ROUTE



3K

# SAHARA

MOROCCO  
ALGERIA

- DAY 1 (54KM)
- DAY 2 (31KM)
- DAY 3 (47KM)
- DAY 4 (51KM)
- DAY 5 (37KM)



## KIT CHECKS

This is the process by which the race organisers will ensure you have the mandatory kit and are carrying the correct number of calories.

Kit checks will take place on the Monday morning before the race at The Karam Palace race hotel. Any participants caught throwing away equipment or food after this process will be penalised.

To make kit checks more efficient, each food item must be labelled with the number of calories it contains. Food parcels which have been assembled by you must have a sticker estimating their calorie content.

In line with our sustainability policy, you must also label all packaging with your bib number.

## SLEEPING

The living accommodation consists of tents shared by around 10 competitors. Participants must provide their own roll mats, sleeping bags and pillow.

Competitors will be allocated tents at random, unless specifically requested to share. There is no doubt that one of the best things about multi-stage ultra marathons are the lifelong friendships forged along the way.

Although competitors must carry essential safety equipment (such as water bottles, daily nutrition, basic medical kit, a whistle etc) in their running packs, their race holdall (containing sleeping equipment, clothing, meals etc) is transported between each campsite by the organisers.

We recommend a foam matt to go under your inflatable roll mat. This should limit the risk of punctures.

## DROP OUTS

This is an extreme event and voluntary or imposed withdrawal does happen. This is taken seriously and handled with great respect by the race organisation.

Participants may withdraw from the event at any time. We request that anyone who wishes to stop their race informs the organisation as quickly as possible.

Should a participant retire or be withdrawn from the event, all additional costs incurred (accommodation, transfers, food, etc) must be covered by the participant.

If you cannot finish a stage (as long as you are cleared by the medical team) you may start the following day's stage. However, you will not receive a rank or medal.

## CUT-OFFS

We want everyone to finish the race whilst enjoying the scenery. We therefore have generous time allowances of 2.5 hours per 10km.

Participants must have departed the checkpoint before the cut-off time, or they will not be allowed to continue. Cut offs are subject to change by the Race Director. Any changes will be communicated to participants.

## RACE BRIEFING

The race safety briefing will take place on Monday morning at the Karam Palace Race Hotel

## FOOD

There is no cooking with gas allowed during Ultra X events. For food, the organisers will provide hot water with which to rehydrate your dehydrated meals. Hot water will be available at camp two hours before the scheduled race start each day and before the first runner crosses the finish line after each stage.

**MAKE THE MOST OF  
YOUR EXPERIENCE,  
BEFORE YOU KNOW IT,  
YOU'LL BE BACK IN THE REAL WORLD.**



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# BAGS & RACE HOLDALLS

Participants are allowed two bags for the week:

**Race holdall (20kg):** This will be transported between camps by the race organisers and should contain everything required for the entirety of your trip. You are encouraged to bring as many supplies as you like as long as the weight does not exceed 20kgs. We recommend a wide variety of dehydrated food, spare pairs of clothes and anything which may make your nights under the stars more comfortable.

Your race holdall should be a tough hardwearing holdall and if possible, waterproof.

**Running pack:** This is the bag you will carry each day whilst on the course. Running packs must be large enough to carry the mandatory items on the kit list. We recommend packs from 8-12 litres.

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# MEDAL RIBBONS

All finishers will receive a race medal. Different medal ribbons will be awarded based upon the finishing times outlined below. Those that do not want a medal will be able to opt-out at race registration. Different medal ribbons will be awarded based upon the finishing times outlined below.

As part of our [Sustainability Policy](#), the Green Ribbon will be awarded to the competitor that displays the [highest commitment to reducing their environmental impact both in preparation for and during the race \(as determined by the organisers\)](#).



Black Ribbon  
Under 21 hours



White Ribbon  
Under 24 hours



Blue Ribbon  
Over 24 hours



Green Ribbon  
Environmental award



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# MANAGING YOUR BOOKING

Let's Do This is the registration platform we use where participants sign up and can manage their booking from.

To manage your booking, please follow the Manage your registration link in your confirmation email. Alternatively, follow this [link](#) and input your booking ID.

It is here that you can see all races that you are signed up to and Add Extras to a race (such as hotel bookings).

If there are any other issues then try the Let's Do This help page [here](#) which will hopefully answer your question. If not then feel free to get in touch.



# RACE RULES

No. Rule

1.	There will be no unofficial runner (i.e pacers).
2.	Runners must be completely aware of the length and specificity of the event and be prepared for it. It is the runners responsibility to be stay up to date with the event information as is emailed to competitors and published on the event webpage.
3.	Each runners bib number must be worn on the front of the body and must be easily visible at all times.
4.	Runners must always follow the marked trail/ course.
5.	Each runner must complete the entire course under their own power.
6.	Runners may not store supplies of any kind along the trail. E.g drop bag
7.	Each runner must be checked IN to all aid stations. You will be disqualified if your time is not registered at every aid station.
8.	Cut-off times will be strictly enforced. Runners leaving any aid station after the cut off will not be listed as official finishers and will not be eligible for awards.
9.	Injection of PEDs or Fluids/ IVs by non-official race medical personnel will result in disqualification.
10.	Littering of any kind will result in immediate disqualification. Please respect the natural beauty of our trails and the right of everyone to enjoy them. Littering will threaten our use of the trails and the future of the race.

No. Rule

11.	Any runner who is unable to finish the race must personally inform the aid station captain of the nearest checkpoint of their decision to withdraw. This serves as official notice of a runner's withdrawal from the race. Runners who leave the course without turning in their number will be classified as "lost," initiating search and rescue.
12.	Runners are responsible for the actions of any supporters. If your supporter are deemed to have broken any of the runner race rules the runner will be held accountable. Your supporters act on YOUR behalf and based on YOUR instructions.
13.	Runners must carry with them AT ALL TIMES the mandatory equipment required.
14.	There will be mandatory gear checks at the start, on route, or at the finish. Failure to comply with the gear checks will result in disqualification.
15.	Runners are not to be accompanied by dogs at any time whilst on course.
16.	Any athlete who has been determined to have violated anti-doping rules at any time - through IAAF, the World Anti-Doping Agency, UK Anti Doping or any other National Sports Federation is ineligible for entry into any of our events. We reserve the right to conduct pre and post-competition testing for any and all performance-enhancing drugs (PEDs) listed on the current WADA Prohibited List. Any athlete who refuses to submit to anti-doping controls, if selected for testing, shall be disqualified and subject to a lifetime ban from our events.
17.	Runners must not be crewed in any way at this event
18.	Runners must at all times comply with any instruction given by race management, staff and volunteers.

\*All race rules above will be subject to Ultra X penalty and disqualification guidelines found in our Terms and Conditions [here, Clause 22.](#)



YOU CAN DO SO MUCH MORE  
THAN YOU THINK YOU CAN

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