



ULTRA X FINLAND MANDATORY KIT LIST

20% off with: **ULTRAX_20**



110 Single Stage 110 Multi Stage 60/50 25/12

Must be carried at all times during the race

Running pack	✓	✓	✓	✓	Link
Hydration system/s with capacity for minimum 1.5L of water	✓	✓	✓	✓	Link
Durable waterproof jacket with hood	✓	✓	✓	✓	Link
Spare warm mid/base layer	✓	✓	✓		
High quality head torch					Link
2 head torches each with spare batteries. If one of the devices operates on rechargeable batteries, a power bank must be carried in addition to batteries for the other device. If both devices are battery-powered, only one power bank is required	✓				
Red light (blinking) – to be placed on the back of the participant's backpack, switched on during the night-time period	✓				
Whistle	✓	✓	✓	✓	
Foil blanket				✓	Link
Survival bag (not blanket)	✓	✓	✓		Link
Emergency food reserve (800kcal minimum)	✓	✓	✓		
Fully charged phone with gpx file uploaded	✓	✓	✓	✓	
Electrolyte solutions	✓	✓	✓		Link
Printed copy of your insurance, showing emergency contact and policy number	✓	✓	✓	✓	
Personal beaker/cup 15cl minimum (bottles or flasks are not accepted)	✓	✓	✓	✓	Link

Extreme weather additions (will be communicated 1 week prior if needed)

Waterproof trousers	✓	✓	✓	✓	Link
Gloves	✓	✓	✓	✓	Link

To be left at camp

Warm jacket (for the evenings)	✓	✓			
Sleeping bag (4-10°C at night)	✓	✓			
Roll mat	✓	✓			

Highly recommended

Running poles	✓	✓	✓	✓	
Electrolyte solutions	✓	✓	✓	✓	
Sunglasses	✓	✓	✓	✓	
Cap	✓	✓	✓	✓	
Sun block	✓	✓	✓	✓	
Buff	✓	✓	✓	✓	
Battery pack	✓				
Personal basic first aid kit	✓	✓	✓	✓	

In line with our [Sustainability Policy](#), participants must label all disposable packaging with their bib number. Any packaging found littered will put the participant at risk of disqualification.

Race holdalls (which will be transported to the campsite/finish) must not exceed 10kg and must be waterproof.

For more guidance on essential ultramarathon kit, please email us on contact@ultra-x.co

Our Race Partners



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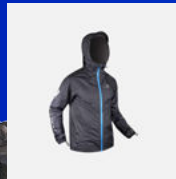
ULTRALIGHT 12L VEST 190G

- 9 Pockets
- Supplied With 2 Eazyflasks
- Pole Holder
- Ultralight



RESPONSIV 6L VEST 195G

- 11 Pockets
- Supplied With 2 Eazyflasks
- Pole Holder
- Ultralight



ULTRALIGHT 2.0 MP+ VEST 150G

- Waterproof
- Packable
- Ultralight
- Suitable for Ultra



ULTRALIGHT MP+ PANT 88G

- Waterproof
- Packable
- Ultralight
- Suitable for Ultra



COMPACT Z CARBON POLES 185G

- Ultralight
- Competition
- 3 Sections
- Resistant & Compact



DYNAMIC 3 SHOES 300G

- Tread 6mm
- Drop 6mm
- Suitable for Ultra
- vibram



2 IN 1 SLEEPING BAG & DOWN JACKET 600G

- Warm & Insulating
- Packable
- Convertible



ULTRALIGHT 1200 130G

- Waterproof
- Delivered with two batteries
- Ultralight
- Suitable for Ultra

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BASE CAMP FOOD
TASTE FOR ADVENTURE

5% OFF WITH ULTRAX5



FRACTEL

10% OFF WITH ULTRA-X-10

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