



ULTRA X FINLAND RACE INFORMATION PACK

27-28 JUNE 2026

60°98'N/25°63'E

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RACE OVERVIEW

Ultra X Finland is an ultramarathon event that takes place in the Salpausselkä UNESCO Global Geopark area, situated in the Lahti region in southern Finland.

A land carved out of water, the incredible terrain was formed by the meltwaters of the continental glacier some 12,000 years ago. The land of a thousand lakes and the midnight sun, its tranquil forests offer an amazing location for trail running and reconnecting with nature.

There are five race distances: 110km (multi or single-stage), 60km, 50km and 25km. Ultra X welcomes both runners and walkers.

On Saturday night, competitors doing the multi-stage 110 race can camp at the campsite on the shores of Lake Vesijärvi (not mandatory and cabins are also available), where there will be access to medical care and hot water.

Ultra X Finland's races are UTMB® Index races in the 100K category (110km single stage), 50K category (110km multi-stage, 60km, 50km), and 25K category (25km).

100K M

UTMB INDEX

50K M

20K M

110KM

When: Saturday & Sunday

Distance: 112km

Elevation: 2,243m

Start time: 07:00

60KM

When: Saturday

Distance: 59km

Elevation: 1,245m

Start time: 07:00

50KM

When: Sunday

Distance: 51km

Elevation: 998m

Start time: 08:00

25KM

When: Sunday

Distance: 25km

Elevation: 426m

Start time: 11:00

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KEY INFORMATION

For the full race rules and regulations, see our [Terms & Conditions](#).

Arrivals:

We advise participants travelling from abroad to fly into Helsinki Airport at least a day if not more ahead of the race and transfer to Lahti (1hr) by train or hire car ([discounts available](#)). Participants are responsible for their own travel and accommodation prior to the race. Reduced rates at various hotels, thanks to our partnership with Visit Lahti can be accessed through the following [booking portal](#).

Registration:

Registration will be taking place at the Solo Sokos hotel in Lahti at various times on Friday and Saturday (see itinerary for details). Late check-in on the morning of the race, at the start line, is possible but not advised. Please ensure you bring your kit to registration for kit checks.

Race start:

110km + 60km: Lahti Stadium ([Salpausselänkatu 8, 15110 Lahti](#))

50km: Messilan Laskettelukeskus ([Messiläntie 308, 15980 Messilä, Finland](#))

25km: Messilan Laskettelukeskus ([Messiläntie 308, 15980 Messilä, Finland](#))

Buses:

For the 60km on Sat, buses will be available to transport people back to the car park at Lahti Stadium once they have finished (tickets must be pre-purchased online).

There will be buses available to transport 50km participants to the start line from Lahti on Sunday, departing from the Solo Sokos hotel (tickets must be pre-purchased online).

The 25km bus will depart from Lahti at 09:45 to the start line.

MAP OF KEY RACE LANDMARKS



 SOLO SOKOS HOTEL,
LAHTI

 1 H 20 M
104 KM

 1 H 15 M
100 KM

10K

FINLAND

HELSINKI
AIRPORT 

 TIKKURILA
STATION



ITINERARY

Friday 26th June

17:00-20:00: Registration open at the Solo Sokos hotel in Lahti for all runners

Saturday 27th June

07:00: 110km (single and multi) and 60km race starts (Lahti Stadium)
17:00-19:00: Registration open at the Solo Sokos hotel for 50km + 25km runners

Sunday 28th June

06:50: Buses depart from the Solo Sokos hotel for 50km runners
08:00: 110km (stage 2) and 50km race starts (Campsite)
09:45: Buses depart from the Solo Sokos hotel for 25km runners
11:00: 25km race start
16:00: Prize giving at the harbour (next to the finish)

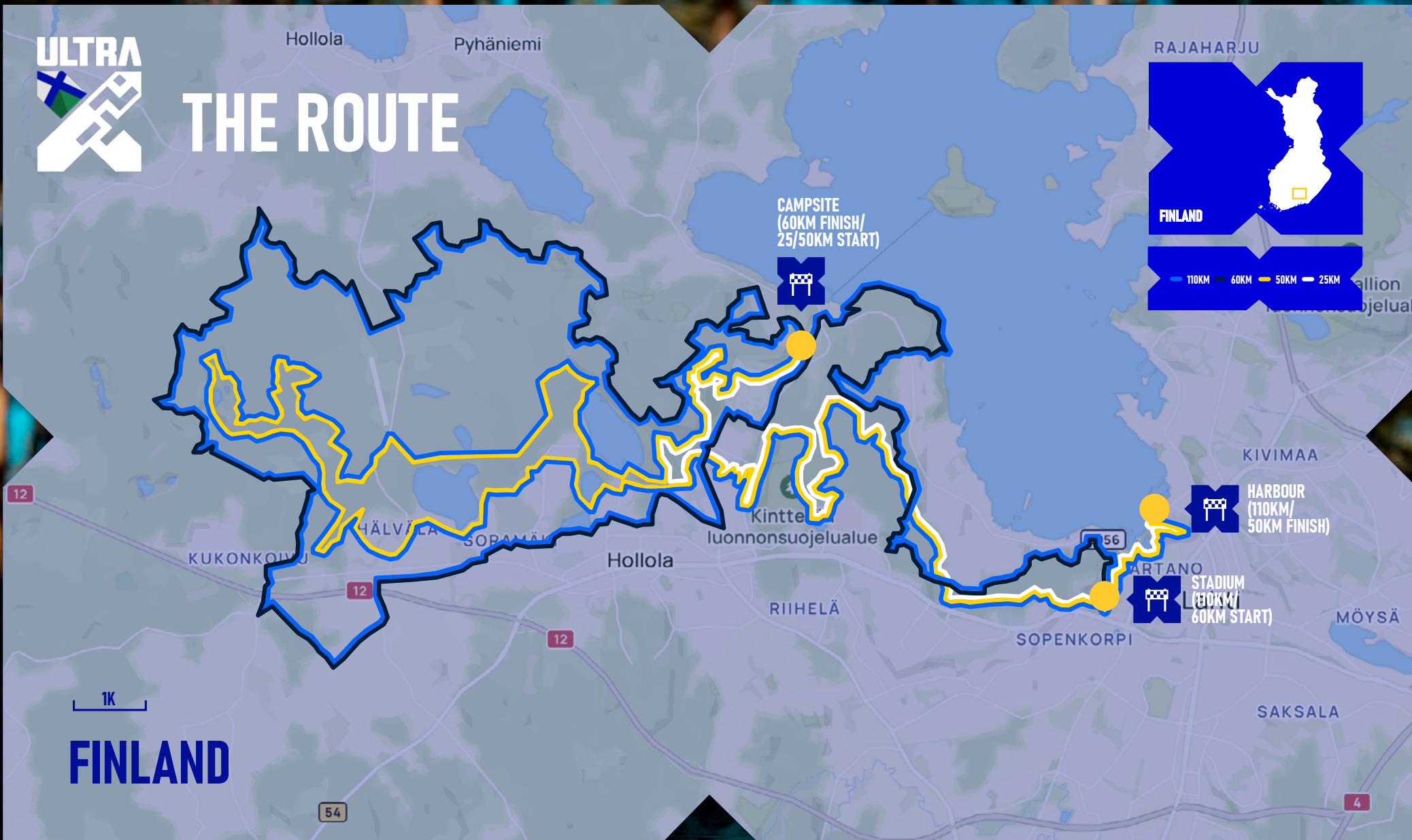
We encourage everyone to stick around on Sunday and support those who have not yet finished. There will be a number of vendors selling food and drinks. An afterparty will also be taking place once everyone



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THE ROUTE



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CAMPSITE

For multi-stage runners doing the 110km event, living accommodation is provided on the Saturday night in the form of tents, shared by up to six people. Camping is by no means mandatory and participants can choose to stay elsewhere if they so wish.

Participants that are camping must provide their own roll mats and sleeping bags. Tents will be allocated by gender, unless specifically requested to share (can be requested at the day 1 finish line).

Accommodation is also available at the campsite in the form of basic cabins and dorm rooms. This can be booked via the registration platform. Sheets and towels can be booked additionally or runners can choose to bring their own or use a sleeping bag.

Runners doing the single-stage events will not be allowed to camp at the campsite.



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CUT-OFFS

We want everyone to finish the race whilst enjoying the scenery. We therefore have generous time allowances of approximately 2.5 hours for every 10km (110km runners) and 2 hours for every 10km for 60km, 50km, and 25km runners.

Participants must have departed the checkpoint before the cut-off time, or they will not be allowed to continue.

Cut offs are subject to change by the Race Director. Any changes will be

DROP OUTS

Participants may withdraw from the event at any time. We request that any competitor who wishes to stop their race informs the organisation and hands their bib in at Race HQ, informing the Race Director in person.

Transport will be available to collect runners from checkpoints should they wish to drop out. Runners should head to the nearest checkpoint and inform the team if they wish to do so. There may be a wait at the checkpoint before runners are collected.

AID STATIONS

These will be manned by Ultra X volunteers and you will be able to access water, medical and therapist assistance.

DROP BACK IN

Any 110 runners who are unable to finish the first stage will be permitted to start the second stage as long as they are cleared by the medical team.

In this scenario, they will not be classified as competitive and so not receive a result or medal.

Checkpoint	Distance (km)	Cut-off time
60km - CP1	10.6	09:12
60km - CP2	20.6	11:12
60km - CP3	28.6	13:00
60km - CP4	40.7	15:12
60km - CP5	51.0	17:12
Campsite	58.3	19:00

Checkpoint	Distance (km)	Cut-off time
50km - CP1	10	10:00
50km - CP2	26	13:12
50km - CP3	35	15:12
50km - CP4	44	17:00
Finish	51.7	18:30

Checkpoint	Distance (km)	Cut-off time
25km - CP1	10	13:00
25km - CP2	19.0	14:48
Finish	26.0	16:12



BAGS & RACE HOLDALLS

Participants are allowed two bags for the weekend:

Race holdall (10kg): This is a bag that will be transported between the start line and finish line by the race organisers. For 110km multi-stage runners it should contain everything required for the entirety of the race, including any camping gear and food. For 110km single-stage runners, this is your drop-bag that will be ready for you at 60km. It should be waterproof and not exceed 10kg.

Running pack: This is the bag participants will carry each day whilst running. Running packs must be large enough to carry the mandatory items on the kit list.

Additional travel bags: For any additional travel bags, we advise that you arrange to leave these at your hotel/accommodation. The main Race Hotel (Solo Sokos) is also an option if this is not possible.

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MEDAL RIBBONS

All finishers will receive a race medal or can opt-out at race registration and have a tree planted instead. Anyone opting to have a tree planted will be highlighted with a green race bib.

For the 110km multi-stage race different medal ribbons will be awarded based upon the finishing times outlined below.



Black Ribbon
Under 12 hours 30 mins



White Ribbon
Under 14 hours 30 mins



Blue Ribbon
Over 14 hours 30 mins



MANAGING YOUR BOOKING

Racespace is the registration platform used by Ultra X, where participants sign up and can manage their booking from.

In order to manage your booking, log on to your Racespace account and navigate to [My Entries](#).

It is here that you can see all races that you are signed up to and Add Extras to a race using the Entry Actions button.

In order to see what you have previously purchased, the My Receipts tab on the My Entries page will display all previous purchases.

If there are any other issues then try the [Racespace support page](#) which will hopefully answer your question. If not then feel free to get in touch.

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RACE RULES

No. Rule

1.	There will be no unofficial runners (i.e pacers).
2.	Runners must be completely aware of the length and specificity of the event and be prepared for it. It is the runners' responsibility to stay up to date with the event information as it is emailed to participants and published on the event webpage.
3.	Each runner's bib number must be worn on the front of the body and must be easily visible at all times.
4.	Runners must always follow the marked trail/course.
5.	Each runner must complete the entire course under their own power.
6.	Runners may not store supplies of any kind along the trail. E.g drop bag
7.	Each runner must be checked IN to all checkpoints. You will be disqualified if your time is not registered at every aid station.
8.	Cut-off times will be strictly enforced. Runners leaving any aid station after the cut off will not be listed as official finishers and will not be eligible for awards.
9.	Injection of PEDs or Fluids/ IVs by non-official race medical personnel will result in disqualification.
10.	Littering of any kind will result in immediate disqualification. Please respect the natural beauty of our trails and the right of everyone to enjoy them. Littering will threaten our use of the trails and the future of the race.

No. Rule

11.	Any runner who is unable to finish the race must personally inform the aid station captain of the nearest checkpoint of their decision to withdraw. This serves as official notice of a runner's withdrawal from the race. Runners who leave the course without turning in their number will be classified as "lost," initiating search and rescue.
12.	Runners are responsible for the actions of any supporters. If your supporters are deemed to have broken any of the runner race rules the runner will be held accountable. Your supporters act on YOUR behalf and based on YOUR instructions.
13.	Runners must carry with them AT ALL TIMES the mandatory equipment required.
14.	There will be mandatory kit checks at the start, on route, and at the finish. Failure to comply with the kit checks will result in disqualification.
15.	Runners are not to be accompanied by dogs at any time whilst on course.
16.	Any athlete who has been determined to have violated anti-doping rules at any time - through IAAF, the World Anti-Doping Agency, UK Anti Doping or any other National Sports Federation is ineligible for entry into any of our events. We reserve the right to conduct pre and post-competition testing for any and all performance-enhancing drugs (PEDs) listed on the current WADA Prohibited List. Any athlete who refuses to submit to anti-doping controls, if selected for testing, shall be disqualified and subject to a lifetime ban from our events.
17.	Runners must not be crewed in any way at this event.
18.	Runners must at all times comply with any instruction given by race management, staff and volunteers.

*All race rules above will be subject to Ultra X penalty and disqualification guidelines found in our Terms and Conditions [here](#), Clause 22.



**YOU CAN DO SO MUCH MORE
THAN YOU THINK YOU CAN**

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